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CHAKRA Centers Chart, Rainbow: Body-Mind-Spirit Connections



Synopsis

8.5 x 11 in., 2-sided, laminated. The only vivid, full Rainbow coded and thorough Chart illustrating and describing the Mental, Emotional, Spiritual, and other qualities associated with the 7 Chakras. The most comprehensive chart available anywhere. This Inner Light Resources Chakra chart (and Inner Light's Reflexology, Aromatherapy, Iridology, and other charts) are used by massage schools, Reiki teachers and other healers across the U.S. and other countries for teaching and healing practices. Color illustrations make it easy to understand also for novices. Includes everything from A to Z- Gemstones, Musical notes, Foods, Planets, Aromatherapy Essential oils, Kabbala correlations, and much, much, more. Also includes leading-edge Addictions information associated with all of the Chakras. Also a visualization exercise and instructions with steps to clearing and balancing the Chakras. Additional illustrations of the body's and physical, mental, emotional, and causal electrical field layers and the higher self.

Book Information

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Customer Reviews

I'm so glad to have found your Rainbow charts series! [Inner Light Resources/now from Inner Light Unlimited]. I've used them for years for myself, my clients, and when I teach at the college. I am an RN, and have used Reflexology with my patients with tremendous success for many years. I use your charts with my clients every day. The whole series is great, especially in this bigger size (vs wallet card) because they're easy to read and teach with. - I use them for ME too. I hurt my back badly, was on crutches for 7 yrs, with intensive physical therapy. My body didn't begin to heal until I started to work with reflexology and other eastern therapies. I am now healthy, working and

teaching at the college. I m so glad to have your charts to help my clients. Thank you! --Joan Kramer, RN, Healthy Essentials (WI)I just got your Reflexology, Chakra, and other Rainbow charts and I love them! I think they are fabulous, colorful, and very useful --full of energy! It's great to have this bigger size (vs wallet card) because they're easy to read, since I wear eyeglasses. Thank you very much! --Ana Maria Egusquiza Zevalos. Lima, PERUThe Rainbow Chakra chart by Inner Light Resources is the top-seller for us along with Inner Light's Rainbow Foot and Hand Reflexology charts. It is clear, well-organized, with large type, and easy to use. Our instructors love them to teach with. They would be very popular in any store or center especially that has educational books, charts, or gift-items. --Healing Light Books & Gifts

Yshkeyna Hamilla is a holistic licenced Mental Health Therapist practicing in Florida for the past 20+ years. She specializes in Body-Mind-Spirit Connections; mental, emotional-and spiritual health and healing, Nutritional and Spiritual aspects of healing Addictions, Women's programs, Relationship healing, and Progression Therapy, among other subjects.

Nice sheet of paper sized reference chart. I like to dabble in things people believe in, so my curiosity gets nudged from time to time. I'm not sure if I buy into all this chakra stuff, but this is a nice reference aid for it.

This is beautiful and very informative! I use this chart every day at my office where I treat clients with Cold Laser Therapy (a form of acupuncture without the use of needles).

This is the most comprehensive Chakra reference material I have ever seen. Kudos to the makers! Some of the print is small, but all is readable. Very nice.

Love the colorful chakra chart. I have been practicing some of the techniques. I recommend this for all chakra levers.

A lot of info on such a small card, but still has really good info and easy fairly easy to understand.

Look forward to using this for so many reasons. Nice colorful diagram! Will use a lot! Very detailed!

This one is also jumbled up to close and small lettering makes it harder to read and understand.

Bigger charts and bigger lettering would be great.

Teaching my granddaughter about the body's Chakra and energy with this chart was the perfect visual to help her to see what I was trying to get her to understand. She was excited that I got her a chart of her own to take home and study. Thank you for helping make a grandma's lesson easier.

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